

Coos  
County



# Friends of Public Health

JULY 2019



*Promoting the health of Coos County through enhancement of local public health services*

## Message from CCFoPH President

Mark your calendars for July 11<sup>th</sup> at 4 p.m.! Plans are underway for a fun social event we are calling **Tea & Tour**.



This will be a great opportunity for our members, especially our newest members, to learn about our organization and tour the fabulous new building that houses our public health services.

Come share refreshments, meet some of our other members, and bring a friend! See page 4 for more information.

*Frances Smith*



**Coos Health & Wellness**  
**Thursday, July 11**  
**4:00 pm**



### Join us!

CCFoPH Board meets monthly  
on the 3rd Tue of the month,  
4:00 to 5:30 pm at Coos Health & Wellness  
conference room

### Contact Us!

Coos County Friends of Public Health  
PO Box 203, Coos Bay, OR 97420  
541-269-9340  
CCFoPH@gmail.com      www.ccfoph.org

## Coos Health & Wellness Awarded National Accreditation Through the Public Health Accreditation Board

Join us in congratulating Coos Health & Wellness Public Health Division for achieving national accreditation through the Public Health Accreditation Board (PHAB). The national accreditation program works to improve and protect the health of the public by advancing and ultimately transforming the quality and performance of the nation's state, local, Tribal and territorial public health departments.

Coos Health & Wellness Public Health Division is one of 268 health departments that have thus far achieved accreditation through PHAB since the organization launched in 2011. However, hundreds of health departments across the country are preparing to seek accreditation through PHAB, the non-profit organization that administers the national public health accreditation program.

"The accreditation process helps to ensure that the programs and services we provide are as responsive as possible to the needs of our community," says Florence Pourtal-Stevens. "With accreditation, Coos Health & Wellness Public Health Division is demonstrating increased accountability and credibility to the public, funders, elected officials and partner organizations with which we work. This could not have been possible without the hard work and commitment of everyone involved with serving our community in the best way possible."

"The Coos Health & Wellness Public Health Division joins the growing ranks of accredited health departments in a strong commitment to their public health mission," said PHAB President and CEO Kaye Bender, PhD, RN, FAAN. "The peer-review process provides valuable feedback to inform health departments of their strengths and areas for improvement, so that they can better protect and promote the health of the people they serve in their communities. Residents of a community served by a nationally accredited health department can be assured that their health department has demonstrated the capacity to protect and promote the health of that community."

"Whenever you see our seal of accreditation, you will know that Coos Health & Wellness Public Health Division has been rigorously examined and meets or exceeds national standards that promote continuous quality improvement for public health," Pourtal-Stevens said. "By continuing to improve our services and performance, we can be sure we are meeting the public health needs of those we serve as effectively as possible."

## 2019 CCFoPH Superstar Recognition Luncheon

Since 2008, the Coos County Friends of Public Health have gathered with community members at the Black Market Gourmet during National Public Health Week to celebrate the outstanding accomplishments of health champions in our community. This year 4 individuals and one organization were recognized as *Superstars for 2019*.



### Ann Marineau

was recognized for her involvement and management of the community garden project at Madison Elementary School, which was started by parent volunteers.

This garden is accessible for students and community members to plant and harvest vegetables, and provides an option for healthy foods for this community.



### Kate Frame

who coordinates a regional prescription drug overdose prevention project at Advanced Health, was acknowledged for her efforts to curb addiction to opioids, and raise community awareness about the use of naloxone (Norcan) to reverse an overdose.



### The City Council of North Bend

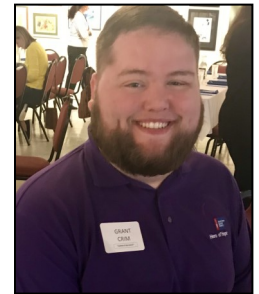
Mayor Rick Wetherell is pictured here with Eric Gleason, Health Care Integration & Promotion Director for Coos Health & Wellness. Mayor Wetherell was recognized for his efforts to create a healthier environment by placing no smoking signs in the play areas of all city parks.

The smoke-free park areas help to reduce exposure to second hand smoke for the majority of Coos County residents (72%) who choose not to smoke.

The smoke-free play areas also help to create a positive social norm that can help prevent youth from starting to use tobacco.



**Congratulations and thanks to all of these champions for their work towards a healthier Coos County!**



### Becky and Grant Crim

Mother and son were acknowledged for their volunteer efforts with the American Cancer Society, where they educate about cancer prevention, early detection and treatment.

Grant, who has battled brain cancer for the majority of his life, has volunteered for the *Relay for Life* for the past twenty years. Along with Becky, they raise thousands of dollars for cancer research.

The duo has also been involved in the *HPV Cancer Free* campaign to educate about the prevention of 6 cancers, through vaccination against the human papilloma virus.

**Those who think they have no time for healthy eating will sooner or later have to find time for illness.**

~Edward Stanley



**WE CAN (Wellness Education for Cancer Nutrition)** is a cancer study funded by OHSU's Knight Cancer Institute. The study is designed to identify gaps in resources and services for providing cancer patients with helpful nutrition therapy. Surveys are currently in circulation for healthcare professionals, survivors and caregivers. For information, contact CCFoPH Education Chair, [stephanie.polizzi@oregonstate.edu](mailto:stephanie.polizzi@oregonstate.edu).



## The Coquille Tribal Community Grant

The Coquille Tribal Community Fund awarded a \$2,500 grant to CCFoPH on March 1<sup>st</sup> to promote breastfeeding. Coos Health & Wellness will use the funds to produce videos with local actors which will educate about breastfeeding issues that are relevant to families.

Founded in 2001 by the Coquille Indian Tribe, the Tribal Community Fund has distributed more than \$6.4 million to support projects in the areas of education, health, public safety, arts and culture, problem gaming treatment and historic preservation, in a 5-county region of Southwestern Oregon.

This year the Fund awarded 50 grants totaling \$266,762.50.

The fund reflects the commitment of the Coquille Indian Tribe to take a proactive, positive role in the community's wellbeing. Supported by a percentage of revenue from The Mill Casino, the fund is managed and distributed by a board of community leaders and Tribal representatives.



*Florence and Frances accept the Tribal Grant award  
Left to Right: Gary Leif (Trustee), Brenda Meade (Tribal Chairperson), Florence Pourtal-Stevens, Frances Smith, Kippy Robins (Tribal Vice-Chair), Scott Lafevre (Trustee)*

## Fighting Pancreatic Cancer

The **Bear Claw's 5K Your Way** is an annual walk/run to raise money to fight pancreatic cancer. This year's event was held on May 18<sup>th</sup> on the SWOCC campus and included a health fair sponsored by the Women's Health Coalition. Vendors included local health centers, OSU Extension Nutrition resources, healthy snacks and Coos County Friends of Public Health. CCFoPH board members Frances, Tom and Stephanie helped organize the health fair.

Not only did participants glean great information about health and community services, they were entered to win fabulous raffle prizes for filling out a "passport" when visiting booths.



*Tom Orsi and Frances Smith with the CCFoPH booth at the Bear Claws 5K and Health Fair*

## Bay Area Hospital Community Foundation Supports Breastfeeding

A \$2,500 grant was awarded to CCFoPH by the **Bay Area Hospital Community Foundation** on May 29<sup>th</sup> at their awards luncheon held at the Coos History Museum. The grant will be used by Coos Health & Wellness to print and distribute **Breastfeeding Friendly Toolkits** to employers.

The booklet is a "how-to" guide that can help employers understand and implement the legal requirements which help employees continue to breastfeed after returning to work from maternity leave. Suggestions are given on how to set up an area to pump milk and assure adequate time for pumping. With the help of this grant from Bay Area Hospital Foundation, more worksites could be encouraged to become breastfeeding-friendly!





# Tea & Tour

Thursday, July 11, 4:00 pm

Tour COOS HEALTH AND WELLNESS  
Formerly the Public/Mental Health Department  
281 LaClair, Coos Bay  
Coquille Point Conference Room (Upstairs)

RSVP by Wednesday, July 9  
to Anita Hale, Membership Chair  
[ccfoph@gmail.com](mailto:ccfoph@gmail.com) or 972-467-9705

Friends are invited to socialize, enjoy refreshments, tour the facility, and leave with a better understanding of CCFoPH's mission and the services provided by Coos Health & Wellness.

## Support CCFoPH when you shop at Amazon

AmazonSmile is a simple, automatic way to support your favorite charitable organization at no cost to you. When you shop at [smile.amazon.com](http://smile.amazon.com), you'll find the same prices, selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Coos County Friends of Public Health. Just type in our organization or shop directly using the web address: [smile.amazon.com/ch/26-1799802](http://smile.amazon.com/ch/26-1799802), which includes the ID number for CCFoPH.



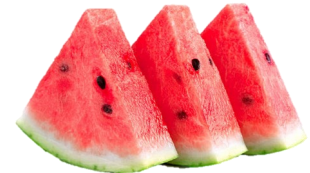
### HAVE YOU LIKED OUR CCFoPH FACEBOOK PAGE YET?

Jeanne Moore, CCFoPH communications chair, says, "Don't miss out!"

Our Facebook page reached over 1700 people in January with helpful and delicious nutrition information about the Healthy Bytes Initiative, and interesting events happening in our community.

It's easy to like us. Just search *Coos County Friends of Public Health*. Click *like* and *follow*!

### Healthy Bytes Initiative July Food of the Month



Please take a moment to renew your membership!

We invite you to join CCFoPH! We want to keep our numbers strong to support Public Health services in our community. If you have questions or want more information about membership, contact Anita Hale at the CCFoPH email at [ccfoph@gmail.com](mailto:ccfoph@gmail.com) or visit [www.ccfoph.org](http://www.ccfoph.org). Fill out the form and send payment to PO Box 203, Coos Bay, OR 97420.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (cell) \_\_\_\_\_ Fax: \_\_\_\_\_

The best way to reach me is: \_\_\_\_\_

Membership Dues for: \$20/yr Individual \$30/yr Family \$50/yr Business

I wish to donate: \$\_\_\_\_\_ in support of CCFoPH. \_\_\_\_\_ I wish my donation to remain anonymous.

*CCFoPH is a Non-Profit 501c3 and your membership dues and donations are tax deductible to the full extent of the law.*

***We appreciate your support!***