



*"Working for Your Well-Being!"*

CCFoPH 2010 Year in Review

Save the Date

Public Health – A  
Community Endeavor

Be a Friend, Bring a Friend!

Recognition Luncheon

The 1st Annual "A Healthier  
Coos County" Forums

Grant Award for Health  
Services

Board Members

October "Purses for Nurses"  
Planning Committee

## Save the Date

### March 10:

CCFoPH Hospitality Night at  
Cicarelli's 6:00– 7:30 p.m.

### April 7:

Public Health Superstar  
Luncheon at the Black  
Market Gourmet  
11:30 a.m. – 1 p.m.

### April 14, 21 and 28:

Community Chronic Disease  
Forums 5:30 – 8:00 p.m.

# CCFoPH Newsletter

## Twelfth Edition – March 2011

### CCFoPH 2010 Year in Review

By Angie Webster, CCFoPH President

I recently had the opportunity to review the accomplishments of the Friends in 2010. What a year it has been! Our annual meeting of the membership was held February 3<sup>rd</sup> and many were in attendance to enjoy great food and revel in the many programs that the Friends have implemented.

Last year, we saw a membership of 76, which was an increase of 10 members from 2009. We elected several new board positions last year and continued a few other board chairs into their second term. We lost Molly Ford as president. Molly made significant contributions to Coos County Friends of Public Health, and we still hope to draw on her talents into the future. Our board for 2010 and the coming board of 2011 are energetic and talented!

The Friends participated in many fundraising activities in 2010. We raised \$600 with our Coins for Coos Kids Campaign. We also raised \$60 at the Hair Company's Spa Night. Our membership dues raised \$1200 and we received personal donations of \$500. We applied for and received 2 grants. Zonta continues to be a strong supporter of our women's health programs and awarded \$1500 for exam vouchers for women. The Coquille Tribal Community Fund awarded Friends \$2500 in the beginning of 2010 for women's health exams. Our largest fundraiser was the inaugural Purses for Nurses event. This successful silent auction raised \$6850 for public health!

Friends continued to host events that celebrated and recognized public health in the community. We hosted a recognition luncheon in April that coincided with Public Health Week, with 70 community people present to recognize our "superstars" in public health; we sponsored Tina Edlund with the Oregon Health Authority to speak on the reorganization at the state level; and we continued to have a presence at various health fairs and festivals with an emphasis on tobacco prevention, H1N1, and emergency preparedness. The Friends took a formal role in the smoke free parks initiative. Several members also spoke to the Coos County Board of Commissioner's in support of additional Family Planning funding.

We have come a long way in just 3 years! I believe all of us are looking forward to 2011 and the continued opportunities for support of public health in Coos County through fundraising, advocacy, and education.

## Public Health – A Community Endeavor

By Frances Smith, Coos County Public Health Administrator and CCFoPH Ex Officio Board Member

The Coos County Public Health Department's Annual Report was published last month. To view the report visit <http://www.co.coos.or.us/ph/PublicHealth.html>. Many of the services which are described in the report would not have been possible without the cooperation, collaboration and financial support of many partners and organizations in our community. Here are some highlights:

Over 1200 immunizations were provided to children, many who have no insurance, thanks to *Shots for Tots and Teens*, a program for which Bay Area Rotary raises funds, and which is also supported by the Coquille Tribal Community Fund and the Bay Area Hospital Community Foundation.

We dealt with a flu pandemic last year and were able to give flu vaccine to many school age children, thanks to the efforts of all the schools in the county and numerous volunteers. We felt better prepared to meet the challenge because a medical advisory group (made of representatives of the medical clinics, hospitals, pharmacies, ambulance, and schools) attended many evening meetings with us to plan how we would all work together to manage H1N1 disease.

Over 50 agencies and organizations have been represented in the Health Emergency Response Task Force (HERT). Participants have been meeting monthly (for almost 10 years) to coordinate our county's emergency response efforts.

Hospitals, doctors, and nurse practitioners are doing their part to report diseases to the Health Department, so that we can prevent illness and disease outbreaks. Last year, 400 communicable disease reports were investigated by our nurses.

Over 1000 inspections were done in food service, motels and RV parks, and pools last year. We had no food outbreaks last year, thanks to all the restaurants which are operating their businesses in a safe manner,

Citizens (including young students) who were concerned about our high rate of smoking and cancer discussed the merits of smoke free parks with the Coos Bay City Council during multiple meetings. The majority of the Council agreed that we can set an example for our youth and protect them from second-hand smoke when they ruled to have a smoke free Mingus Park.

The Zonta Club of the Coos Bay Area, and Bree's Foundation contributed funds for health services for women through the Health Department's Family Planning Program. Teens and men also received clinic services through vouchers provided by the Coquille Tribal Community Fund.

287 women were able to get early prenatal care through the efforts of our Oregon Mothers Care program, and the physicians and nurse practitioners who agreed to see women early in their pregnancy—even without insurance.

Our parent education home visiting programs (Healthy Start and Babies First! and CaCoon) were able to enroll additional families, due to the grants from the Bay Area Hospital Community Foundation, and the Coos Bay North Bend Rotary Club. Grant funds from the March of Dimes provided prenatal vitamins to women in need.

There is not enough space to mention all who contribute to public health here in Coos County. However, special recognition must go to our Friends of Public Health who have given many hours of service for fund raising, education, and advocacy. Many thanks to all of you who are helping to create better health for individuals and the community.

# Be a Friend, Bring a Friend!



## Come Join Us at the 1st Annual CCFoPH Hospitality Night

When: Thursday, March 10, 2011  
Time: 6:00 to 7:30 pm  
Location: Cicarelli's Restaurant  
2076 Sherman Ave, North Bend

**Come see what we have been up to  
since our inception in 2008.  
We have been busy!**

Visit and network with CCFoPH members and supporters  
that believe in enhancing local public health programs.

You will have the opportunity to renew your  
membership and friends will have the opportunity to  
join us in membership.

Hors D'oeuvres

No Host Bar

Door Prizes



## 4th Annual Public Health Week

# Recognition Luncheon

**Join us for a Celebration!**

The Coos County Friends of Public Health will present awards to the “**Superstars**” in our community who have shown outstanding effort and support of public health in Coos County.

**Date:** Thursday - April 7, 2011

**Time:** 11:45 am - 1:00 pm

**Place:** Black Market Gourmet  
495 Central Avenue  
Coos Bay, OR

**Cost:** \$20.00 each *(cash or check only)*

**For More Information Call:**

**756-2020 ext 525**

**We hope you can join us!**

Reserve your space today; send back this sheet to the address listed below.

Name: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

- Enclosed is \$20.00 for my attendance, payable to CCFoPH.
  - I request a vegetarian entrée.
  - I also wish to donate \$\_\_\_\_\_ for public health programs.
- I am unable to attend but wish to donate \$\_\_\_\_\_ enclosed for public health programs.

**Coos County Friends of Public Health (CCFoPH)**

PO Box 203, Coos Bay, Oregon 97420

# The 1st Annual “A Healthier Coos County” Forums

By Lindi Quinn, CCFoPH Education Chair, “A Healthier Coos County” Event Organizer

Throughout April the Coos County Public Health Department, along with support from the CCFoPH and the Northwest Health Foundation, will be hosting “A Healthier Coos County” forum series. The vision for the project is to improve the health & quality of life of the people who live, work, play & learn in Coos County.

Coos County is facing an epidemic of chronic disease that threatens to overwhelm our resources. Chronic disease accounts for 70% of all deaths and 75% of medical care costs. Chronic disease diminishes quality of life, shortens lives and increases human suffering. To a great extent, the actual causes of many chronic diseases are preventable. Eliminating tobacco use, improving eating habits and increasing physical activity are three factors that can turn the statistics around.



The focus of the forums is to facilitate discussion groups on these issues. The Coos County Public Health Department staff will be hosting the community forums with a purpose to educate, inspire and move to action community members. Ultimately, our goal is to see the promotion of solutions focused on creating healthier environments. Specific tools that will be used to help with the discussion include:

- Pre-event articles in local newspapers focused on chronic disease.
- Post-forum surveying of participants on their knowledge of and ideas for addressing the issues.
- Facilitating the forums utilizing a moderation method that promotes thoughtful and organized discussion by the participants.

Please mark your calendar to attend the forum in your community.

<b>Myrtle Point</b>	<b>OSU Extension Building</b>	<b>April 7th</b>	<b>5:30 – 8:00 pm</b>
<b>Coquille</b>	<b>Owen Building</b>	<b>April 14th</b>	<b>5:30 – 8:00 pm</b>
<b>Bay Area</b>	<b>BAH CHEC Building</b>	<b>April 21st</b>	<b>5:30 – 8:00 pm</b>
<b>Bandon</b>	<b>“The Barn”</b>	<b>April 28th</b>	<b>5:30 – 8:00 pm</b>

We hope that you will consider joining us in this vital conversation, and that together we can inspire our community to action. Together we can create **A Healthier Coos County!**

## Grant Award for Health Services

The **Coquille Tribal Community Fund** has awarded \$5,000 to CCFoPH, which will go to supply vouchers for health services provided through the Health Department. Vice-President Chris Flammang accepted the grant for CCFoPH at the Awards Luncheon at the Mill Casino, on February 24th. CCFoPH is very appreciative of these funds. They will go to help an estimated 50 low income women and teens receive needed exams, lab tests, mammograms, and treatment of sexually transmitted disease. Thanks to the Coquille Tribal Community Board of Trustees for valuing public health efforts in Coos County!

**Coos County Friends of Public Health**  
**P.O. Box 203**  
**Coos Bay, OR 97420**

### **Board Members**

President	Angie Webster	Vice President	Chris Flammang
Secretary	Renee' Menkens	Treasurer	Debbie Webb
Advocacy Chair	Stephen Brown	Communication Chair	Lynda Buford
Development Chair	Penne' Wagner	Education Chair	Lindi Quinn
Membership Chair	Connie Bunnell	Ex-officio members	Frances Smith and Sherrill Lorenzo

Contact Information: [ccfoph@gmail.com](mailto:ccfoph@gmail.com), 541-404-6762 or 541-756-2020 x 543

### **October "Purses for Nurses" Planning Committee**

We are looking for CCFoPH members to participate on a planning and implementation committee for this year's October "Purses for Nurses Auction". If you are interested in helping, please contact Penne' Wagner at 541-269-5483 or [PenneWagner@frontier.com](mailto:PenneWagner@frontier.com).