



“Working for Your Well-Being!”

CCFoPH Newsletter

Sixteenth Edition – April 2012

The Oregon Contraceptive Care Program – CCare

Save the Date

Lillian Wald at the Public Health Week Superstar Recognition Luncheon

2012 CCFoPH Transfer of Funds

Calling all Volunteers

New Board Member Profiles

Board Members

Welcome New Members

The Oregon Contraceptive Care Program - CCare

By Frances Smith, Coos County Public Health Administrator

There’s good news for women who have don’t have insurance (or have high deductibles) and need contraceptive services. Coos County Public Health is now able to provide additional adults and teens with “free” contraceptive services by billing Medicaid.

CCare, the Oregon Contraceptive Care program funded by Medicaid, has expanded the income eligibility to individuals and families whose income is up to 250% of the federal poverty level, a significant increase from the previous rate of 185%. For example, to financially qualify for CCare, an individual must report a monthly household of \$2,328, or less; and a family of four must report a monthly household income of \$4,804, or less.

The expansion of CCare enables eligible adults and teens to receive life-saving breast and cervical cancer screenings, expert health care, and birth control services at the Health Department at no cost to them. For those who may not qualify for CCare, and need financial assistance, there are vouchers provided by **CCFoPH**, the **Zonta Club of the Coos Bay Area**, and the **Coquille Tribal Community Fund**. Appointments for women’s health exams are usually available within two weeks. For more information or to schedule an appointment, call (541) 756-2020 ext. 510 or ext. 522. Share this information with your friends and co-workers!

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Save the Date

- May 9 **Teenopoly** – Coquille Community Building (volunteers needed)
- May 12 **Women’s Health Coalition Walk** – Mingus Park at 9:00 am
- August 7 **National Night Out** – Ferry Road Park
- October 13 **Purses for Nurses**

Lillian Wald at the Public Health Week Superstar Recognition Luncheon

By Lindi Quinn, CCFoPH President

On April 5th, 2012 Lillian Wald (1867-1940) was resurrected at the 4th Annual CCFoPH Recognition Luncheon. Lillian was "a young Jewish girl who became a nurse and champion of the vulnerable in society, revolutionizing the way we approach health and well being in this country."

Jamie M. Rea, a very dynamic and talented actress and graduate of Reed College with a BA in Theatre, brought Lillian to life. Her performance and energy captivated our attention as we witnessed Lillian mature into a life-long dedicated advocate for the public. Jamie M. Rea's associate, Jason Glick, portrayed over a dozen mesmerizing characters. Those in attendance were inspired, entertained and moved by the incredible impact Lillian had in establishing public health services.

The story of Lillian Wald, "Life, Liberty and the Pursuit of Well-Being" is a superb example of how one person can make a difference. Start small, think big ~ we all can do something positive to help the public's health.



2012 CCFoPH Transfer of Funds

By: Debbie Webb, CCFoPH Treasure

So far this year, CCFoPH has transferred dedicated funds to the Public Health Department totaling \$13,147.99. The **Coos Bay Area Zonta Service Foundation** awarded \$2,000 to support women's health services. The **Coquille Tribal Community Grant Fund** awarded \$5,000 to provide clinic services to men and women for sexually transmitted diseases and women's services (\$1,250 dispersed quarterly). Funds in the amount of \$1,000 collected by the Coins for Coos Kids project for WIC and immunizations and \$2,000 dedicated donations from members and the community to support clinic programs were also distributed. The proceeds from the November Purses for Nurses event were also paid - \$6,897.99 – which support women's health services.



Calling all Volunteers

By Barbara Bassett, CCFoPH Education Chair

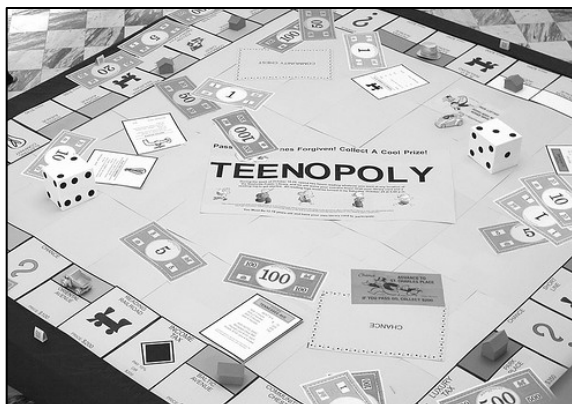
I am recruiting members for the Education Committee to help me with the following events:

- **Women's Health Coalition Walk** – May 12th Mingus Park
- **National Night Out** – August 7th North Bend
- **Southwestern Oregon Community College Student Orientation Fair** – September on Campus
- **Elder Fair** – October Pony Village Mall
- **Coquille Health Fair** – October

We also need volunteers for **Teenopoly 2012**, May 9th, at the Coquille Community Building. A single day volunteering could change the life of a Coos County student,

What is Teenopoly?

Envision a life-size board game for 7th and 8th graders and you'll get a good idea. Teenopoly is designed to "bring to life" the potential effects of life's choices. Teens navigate their way through the Maze by drawing scenario cards or spinning a wheel that indicates a "choice" for them. After receiving this choice, the teens follow the Maze path to discover some of the realities that choice may bring. The Maze paths are staffed by various individuals and community service professionals who have a certain "role" to play, and present the appropriate information for that path. The Maze is creative, interactive and delivers powerful information to teens about the consequences of their choices. No judgment is made on any of the paths, just the possible consequences of what their choices may bring.



7th & 8th grade students from Bandon, Coquille, Myrtle Point and Powers will be participating.

Community Partner Set-up for the event is on May 8th. Volunteers are needed May 9th to help with various aspects of the Maze.

If you can help with any of these events, please contact Barbara Bassett at bbassett@co.coos.or.us. Thank you.

LET'S WALK & TALK TOGETHER!

CELEBRATING & PROMOTING WOMEN'S HEALTH ON MOTHER'S DAY WEEKEND!

Hosted by:



Bring Your Mom, Daughter, Sister,
Friends and Neighbors to this

FREE Community Event!

Rain or Shine ~ We'll be there!



Stepping Up for Women's Health !

Schedule of Events

- 9:00 Registration - Next to Stage Area
- 9:30 Anne Morgan, CNM, FNP
Managing Stress in a Woman's World
10,000 Steps a Day—How to get there!
- 10:00 Walk & Talk Together!
- 11:30 Prize Drawing

MINGUS PARK ~ SATURDAY, MAY 12TH

SPONSORED BY:



Zonta Club of Coos Bay Area
Member of Zonta International



**Bay Area
Hospital**

South Coast Striders



This is a Smoke Free Event. Thank you for your cooperation.

To learn more about the Coos County Women's Health Coalition, email: womenshealthcoalition@gmail.com
or visit the Coalition Facebook Page. Contact Lindi Quinn at 541-297-0421 for more details.

New Board Member Profiles

In this issue of our quarterly newsletter we would like to introduce you to the two remaining new board members, Reneé Frati and Barbara Bassett.

Reneé Frati – Vice President

Reneé Evangelisti Frati and her husband Frank relocated to the Coos Bay area in June of 2002. Reneé was born and raised in Sonoma County California in the small town of Guerneville.

Reneé is the owner of State Farm Insurance in North Bend. She began her career with State Farm in California in 1982. From California she and her husband Frank and their son Joe moved to Olympia Washington. Reneé continued her State Farm career in Washington holding a variety of positions with the corporation before deciding to become the owner of her own State Farm Insurance agency in North Bend.



Community volunteerism is important to Reneé. During her time here she has been a member of the local Rotary; The Chamber; United Way; Leadership Coos Graduate; Past President of the Zonta Club of the Coos Bay area and current active member; Past President of the Coos Bay area Zonta Service Foundation; and Kiwanis.

Reneé has two beautiful grandsons, Sawyer and Gracin. In addition to spending time with her grandchildren, she likes to hunt, golf, garden, cook and read. Reneé and Frank enjoy traveling and have a Brittany Spaniel named Jake.



Barbara Bassett – Education Chair - Identifies important topics for public health and promotes them through community festivals and fairs, social/service clubs and other groups, written articles and educational materials.

Barbara is married to her best-friend, Jeff and has raised two children, Jenifer and Craig, in Coos Bay.

She taught at Marshfield High School, Destinations Public Charter School, the Teen Parent Program, and Southwestern Oregon Community College (SOCC). She became the Director for the Commission on Children and Families in 2011.

Barbara is an active member of advisory boards for the Healthy Start Program, a Coos County Public Health Department program providing services for first time parents; and SOCC's Early Childhood Education and Family Studies programs. She is also an active member of the Zonta Club of the Coos Bay area.

Thank you, Reneé and Barbara for stepping up to join the CCFoPH Board.

Board Members

President	Lindi Quinn	Vice President	Reneé Frati
Secretary	Reneé Menkens	Treasurer	Debbie Webb
Advocacy Chair	Sylvia Mangan	Communication Chair	Lynda Buford
Development Chair	Patty Barton	Education Chair	Barbara Bassett
Membership Chair	Connie Bunnell	Ex-officio members	Frances Smith and Sherrill Lorenzo

Contact Information: ccfoph@gmail.com Website: www.ccfoph.org

Welcome New Members

Anne Collins, Diane Crawford, Dr. Robert Gerber, Tiffany Green, Sally Harrold,
Gail McClave, Mary Schamehorn, Diane Williams