

## **Coos County Friends of Public Health Superstars**

A **Superstar** is a person, organization, or business in Coos County that has done any of the following:

- Promoted public health through their organization's policies and/or practices
- Mobilized individuals or community groups to work in collaboration for public health issues, services, or practices
- Made a significance difference in the lives of people served with public health efforts
- Demonstrated outstanding service to the public as a public health employee

### **CCFoPH2019 Superstars**

**Kate Frame, regional prescription drug overdose prevention project**, has worked diligently with community partners in health care, law enforcement, social services, public health, education and treatment and recovery organizations to help curb the local opioid crisis and raise awareness about the risk factors for overdose and addiction. Kate has worked with the Local Alcohol Drug Planning Committee partners to find opportunities to foster a culture of resilience, so that individuals who have been impacted by childhood adversity can be supported in rewriting their stories.

**Ann Marineau, teacher and manager of the Madison Community Garden**, a community garden greenhouse at Madison Elementary School. This is an important community project started by parent volunteers with initial funding raised by teacher Cody Carlson and now managed by Ann Marineau with support from Principle Jan Schock. It has created a welcoming place for students, community members and others in the area to offer a quiet place to read, work in the garden to grow different foods, and see growth of a variety of foods including peas, corn, beets and carrots in the greenhouse. This is a wonderful public health opportunity for the community in the Empire area of Coos Bay and provides an option for healthy foods for this community.

**Becky and Grant Crim, volunteers with the American Cancer Society, have worked for years to educate us about cancer prevention, early detection and treatment, and also to raise funds to fight cancer.** Grant has been in and out of treatment for a recurrent brain tumor for the majority of his life and recognizes the importance of funding research efforts so other lives, like his, may be saved. Becky and Grant have been volunteering with the American Cancer Society's Relay for Life since 1998, and over the years, their Relay for Life team has raised roughly \$100,000. Also, Grant and Becky have raised roughly \$20,000 over the last two years to assist cancer patients through the Bay Area Hospital Foundation. Both Grant and Becky serve on the American Cancer Society's Western Region Volunteer Leadership team. Both Becky and Grant have presented information at various clubs and civic organizations, including Coos County Rotary clubs, Kiwanis, Lions Club, Zonta, The Chamber of Commerce, and at local high schools.

**Rick Wetherell, North Bend Mayor representing the City of North Bend City Council**, recognized for helping to support health for families through creating healthier environments. The City placed no smoking signs in the play areas of all city parks. Because the negative health effects of second-hand smoke exposure are so well documented, one of the most important steps a community can take to improve the health of its residents is to create more smoke-free places. Public places that are tobacco free also create a positive social norm that helps prevent youth from starting to use tobacco. Thank you to the City of North Bend for promoting better health in the play areas in North Bend parks.

## **CCFoPH 2018 Superstars**

**Char Luther, community advocate**, has a passion for helping the homeless. She has been the impetus for the creation of the New Community Coalition and as Executive Director has provided leadership contributing to important workshops, summits and studies about housing and vulnerable people in Coos County.

**The Coos County Search & Rescue Dog Team Unit**, honoring 4 volunteers: Patty Sanden, Jeanette Sinclair, Robin Reed and Chelsea Schoeppner and their dogs Auggie, Leah, Vixey, Utah and Molly. In 2017, this team of 4 and their canine companions donated, 1,539 hours of labor and logged 13,078 miles in volunteer service to Coos County citizens, keeping them safe, healthy and found. The team is part of the Coos County Sheriff's Office Search and Rescue Unit led by Scott Moore and Gabe Fabrizio. The team leads searches that can occur at night, under darkness, and in all types of weather.

**Linda J. Furman Grile, the Executive Director for South Coast Hospice & Palliative Care Services, Inc.**, has been and continues to be the driving force behind creation of the area's first community-based non-profit hospice program, which began in 1985 with an all-volunteer group of community members. Linda has been passionate about the idea of hospice. It's a philosophy that focuses on management of terminally ill patient's pain and symptoms so they can spend the end of their lives at home, surrounded by family and loved ones, continuing to live their lives to the fullest extent possible until their death. Last year South Coast Hospice served 774 persons with patient and bereavement services.

**Linda Maxon, Executive Director for Coast Community Health Center**. has been a leader in bringing quality, low-cost, accessible health care to the people of Bandon and south to Langlois and Port Orford. The Coast Community Health Center in Bandon, which became a federally qualified health center under Linda's leadership, expanded to a larger facility in 2014 (at the site of the former Veterans Clinic) to be able to serve more patients. They have also been able to offer health services in the Bandon schools and are working to open a new clinic in Port Orford.

## **CCFoPH 2017 Superstars**

**Connect the Boardwalks, represented by Elizabeth Spona**, is a 501(c)3 community organization to create awareness and support of the Coos Waterfront Park and Walkway. The mission is to support the creation and improvement of the Coos Waterfront Park and walkway.

**Coos Bay City Council 2016 & Mayor Crystal Shoji, represented by Jennifer Groth and Stephanie Kramer**, for ordinances expanding smoking bans at all city owned developed parks. Coos County has had one of the highest rates of tobacco use in the state, and in 2015, 28% of all deaths here were linked to tobacco use. When a city creates an environment where smoking is not allowed, it can have a major impact on the health of a community, by preventing second hand exposure to tobacco smoke, creating a cleaner environment, and providing a positive influence on young people.

**Kids HOPE Center, represented by Joanne Shorb**, was established in 2014. HOPE is an acronym for Healing, Outreach, Prevention and Education. Three hundred and twenty-eight (328) children and families accessed services in 2016. The center provides a focus on complete health (physical, emotional, social) for the assessed needs of the children served and as the number of cases indicate this is a needed service in our community. One of the public health aspects of this center is education to help the public understand what child abuse is and how this impacts our community.

**Gail McClave, M.D.** initiated and converted her private medical practice into the Bandon Community Health Center that evolved into today's very successful Coast Community Health Center in Bandon. While she was there she turned back to the clinic her full-time salary as the only MD. She left the clinic in 2014 to return to her own private practice but she continues to volunteer 1 or 2 afternoons a month at Coos Health & Wellness. This last year, the vaccine refrigerator at Coos Health & Wellness was not going to last much longer. Dr. McClave generously donated funds to purchase a lab grade vaccine refrigerator. Dr. McClave is true CCFoPH Super Star.

**Carla McKelvey, M.D.** developed the FEARsome Clinic for physical, dental and mental health screenings to assist Coos County foster parents and the children they serve. FEARsome stands for Foster Education and Resources, but Dr. McKelvey likes to say it stands for the fierceness of foster parents, who stand up and advocate and protect the children in their care. Over the 5 years the clinic has been in operation, Dr. McKelvey estimates she has served 500 children. Dr. Carla McKelvey is a true CCFoPH Super Star.

**Nancy Devereux Center, represented by Tara Johnson,** is making positive changes for how our community provides resources and support for the homeless population in our county. Programs at the Devereux Center include warming shelter overnights; a sleeping bag exchange program for cleaning and reuse to help keep old sleeping bags from becoming refuse and reusing clean ones for people who need warm, clean sleeping bags to sleep in; and maintaining grant writing to keep the center open and available with a wide range of services and volunteers providing assistance to our homeless population. The Center serves about 80-100 clients at any one time.

### **CCFoPH 2016 Superstars**

**The Power's Lions Club,** represented by Charlie Possee were acknowledged for their efforts to encourage active living through the Tour de Fronds cycling event. This recurring event in June brings citizens together to work on common goals, promoting bike riding, fresh air and exercise. The Powers Lions Club's efforts are recognized for their unique way to improve the health of our county residents.

**Audrey Duke, FNP,** has provided access to health care for many of our county residents over the years through North Bend Medical Center, and served at the first walk in clinic established there. She also provides service as a board member for Crossroads Community Café in North Bend, which is an important resource for vulnerable groups to reduce hunger in Coos County.

**Pat Dudas, FNP,** has been an advocate for breast and cervical cancer screening. She has worked at the Coos Health & Wellness reproductive health clinic for the past three years after retiring from service at the Coquille Tribal Health Clinic, where she worked as their Nurse Practitioner for over 16 years!

**Phil Greenhill, CEO of WOAHA,** was recognized as a Public Health Superstar for his vision and collaboration with Coos Health & Wellness in the development of a new campus. The new building, which will house Western Oregon Advanced Health (WOAH) and Coos Health & Wellness, will be placed near other community service providers in our area, helping to support better integration of services and strengthen communication among service providers for the vulnerable populations served.

**Anna-Marie Slate,** Community Volunteer has been an advocate for the homeless, and is serving as President of the WOAHA Community Advisory Committee. This Superstar has given voice to the needs of WOAHA members, and raised awareness of health issues affecting vulnerable populations.

**Florence Pourtal-Stevens, Coos Health & Wellness Public Health Director**, was applauded by the CCFoPH Board and awarded with a Super Hero cape for her work to revitalize the Community Health Improvement Plan (CHIP). Florence has recruited community members to develop a decision-making process with vision and mission statements, and develop work plans. Her work on the CHIP contributes to the goal of better health for all county residents!

### **CCFoPH 2015 Superstars**

**Karen Brown**, school nurse in the Coos Bay School District, was lauded for her work to improve the lives of school children, by starting the *Shoes that Fit* project, by obtaining grants for needed health related equipment, and by coordination with the Health Department's *Ready to Smile* dental program and special immunization clinics. Karen had also been recognized as the Oregon School Nurse of the Year, 2014-15, for her passion in serving school children.

**Susan Fox and Ethel German** were acknowledged as co-founders of the Crossroads Community Cafe, which is a welcoming place where people can get an inexpensive hot meal, regardless of personal circumstance. **Kathy Walsh**, and **Susan Walker**, Director of the nursing program at SWOCC, were acknowledged for their collaboration with Crossroads Cafe to provide periodic health clinics staffed with nursing students from the college. Crossroads Community Café has become a critical asset to our community through the volunteer efforts and leadership of these women.

**Jardin Kazaar and Kristin Hoefler**, owners of the **Black Market Gourmet**, were recognized for educating the community about healthy eating. They have hosted films, prepared meals with produce from the Ladybug Landing community garden, and provided tips on healthful cooking through the *5 Minute Gourmet* program, aired on KCBY. Jardin & Kristin were also acknowledged for their support of the Friends of Public Health and their generous contributions to many community events and fundraisers.

The **Community Advisory Council, of Western Oregon Advanced Health**, which is a coordinated care organization for Medicaid services. The Community Advisory Council, represented by Chairperson, Betty Albertson, includes members who are service providers, service agencies, consumers (who are also known as Oregon Health Plan members), and other non-members. This Council was acknowledged for their work to improve the health of WOAHA members, which are about 20% of the Coos County population. Through their advocacy for improvements in health services, transportation, and better access to health care, this organization has had an impact throughout Coos and Curry Counties.

### **CCFoPH 2014 Superstars**

**Stephan Groth, MD**, for donating his time to provide reproductive health services for low income women at the Health Department's Family Planning Clinic.

**Donna Rabin, MD and Jon Yost, MD**, for their medical guidance and leadership on the Community Connections Network, which coordinates care for children with special needs.

**Tom Holt, DDS** for his contributions to children's dental health through the Ready to Smile program, and by creating the Neighborhood Dentist Program, which treats children with serious dental problems who have been identified through the schools.

**Brent Pahls, DDS, Heidi Pahls, DDS, and Herman Pahls, DDS**, for donating dental care to school age children through Ready to Smile and the Neighborhood Dentist program.

**Debbie Webb**, for her volunteer service with the Coos County Friends of Public Health and for helping people with chronic conditions improve their lives through the Living Well Program.

### **CCFoPH 2013 Superstars**

**Maud Capps**, a retired medical assistant and volunteer with the Bandon Community Health Center. She started the clinic's Prescription Assistance Program, helped with vaccination clinics, and has been a strong advocate for the needs of the clients at the health center for many years.

**Kathy Laird, MN, RN**, the CEO of the Waterfall Community Health Center and advocate for medical care for the uninsured. She started this federally qualified health center in 1998, developed 2 school based health centers, one at Marshfield High School, and one in Powers, and has been a partner with Coos County Public Health in the school based dental health program, *Ready to Smile*.

**Michael Lanza, MD**, a pediatrician supporting healthy eating and obesity prevention for school-age children. Dr. Mike provided a greenhouse through a competitive process to the Myrtle Crest School so that the children could learn to grow their own fruit and vegetables, and thus be more motivated to eat them and improve their nutrition.

**Judy Moody**, the former director of the Women's Safety and Resources Center and Advocate for the prevention of intimate partner violence in our community. She increased services for women in need by adding an additional shelter, a new office building and residential housing facility, and by placing an outreach advocate at community sites, including the Health Department. She worked tirelessly to create awareness of this difficult public health problem and to support women in their needs for safety and life changes.

### **CCFoPH 2012 Superstars**

**Susan Chaney**, a Certified Nurse Midwife and the Manager of Women and Children's Services at Bay Area Hospital, advocates for pregnant and parenting families in our communities, worked with Bay Area Hospital to stop giving formula samples after delivery to encourage breastfeeding.

**Don Luce**, one of the hike leaders of the South Coast Striders, helps to connect individuals who want to hike and enjoy the South Coast outdoors for free or at low cost.

**The Ford Family Foundation, represented by John Sweet, and The Mudd Family Foundation, represented by Elizabeth Day**, worked with the Oregon Community Foundation to create an endowment for a school-based dental program for children, called **Ready to Smile**, and brought in grants from other organizations and foundations, as well as donations from multiple service clubs and individuals. **Elizabeth Day**, who represents the Mudd Family Foundation, has also donated hours as a *Ready to Smile* steering committee member.

**Stephanie Polizzi**, a registered dietitian, is the faculty member for the Family and Community Health component of the OSU Extension Services for Coos County, based in Myrtle Point. This past summer she collaborated with the Health Department's Tobacco Prevention program by enlisting 4-H students to survey attendees at the Coos County Fair about a tobacco use policy.

### **CCFoPH 2011 Superstars**

**Judy McMakin**, Director of the Coos County Commission on Children and Families, for her support for early childhood programs at the Health Department, including Healthy Start and Parents As Teachers;

**Barbara Eakley**, volunteer for the Bandon Community Health Center, for her development of a cook book to raise funds to provide health care;

**Astrid Diepenbroeck**, a dental hygienist who taught pregnant women and children in the Health Department's WIC program about the importance of caring for their teeth, and who has provided services in the *Ready to Smile* program for school age children;

**Pat Ciccarelli** and **Carla Fellows** of South Coast Head Start, a program of Oregon Coast Community Action, for their efforts in bringing Early Head Start to Coos County, serving pregnant women, infants and young children;

**Jennifer Stephens**, for her advocacy for smoke free parks in Coos Bay, and **Jeff McKeown**, former Mayor of Coos Bay, for facilitating a smoke free ordinance process and casting the deciding vote to make Mingus Park smoke free;

**Coquille Tribal Community Fund trustees**, who were represented by **Julia Willis**, the Tribal fund administrator, for their generous support over the last 3 years to help people in need through services at Coos County Public Health, including reproductive health, immunizations, and parenting education.

### **CCFoPH 2010 Superstars**

**Mayor Mary Schamelhorn and the City of Bandon**, for being the first city in Coos County to have smoke free parks.

**Lindi Quinn and the Bay Area Zonta Club**, for revitalizing the Women's Health Coalition and organizing the Mother's Day Walk project.

**Dan Bissell**, for helping in emergency preparedness for the Health Department and other agencies by obtaining equipment, training volunteers, and participating in exercises.

**Crystal Shojii and the Coos Bay North Bend Rotary**, for their support of the CaCoon Program to help medically fragile children.

**Mindy Dean, representing Bree's Upscale Resale** for providing mammograms for women and educational information on breast health.

**H1N1 Response Team, including Coos County Public Health staff and local school nurses**, for their efforts to immunize the community and supply up to date information. School nurses included: Angie Webster, RN and Karen Brown, RN, Coos Bay; Tim Amato, RN and Carrie Bohanan, RN, North Bend; Donna Martz, RN, Myrtle Point; Peggy Jennings, RN, Coquille; also Ellen Baldwin, Powers and Diane Buche, Bandon.

### **CCFoPH 2009 Superstars**

**Rita Hoover, R.N.** for diabetes education through Bay Area Hospital classes, and for her work with the South Coast Diabetes Association;

**Jim Wathen**, CEO of Southern Coos Hospital, for being the first hospital in Coos County to implement a smoke-free campus and setting an example to the community for healthy, smoke-free environments;

**Angie Webster, R.N.** school nurse in the Coos Bay School District, and Melissa Grimes, R.N. student nurse through the OHSU School of Nursing Program, at the Southwestern Oregon Community College campus--for improving dental health in grade school children in Coos Bay schools, with help from dental professionals, the state's dental sealant program, and the Tooth Taxi;

**Kelley Rowe**, Health Resource Center Director at North Bend Medical Center (NBMC), for providing health education at NBMC, and also outreach to the community through Body Walk and the Elder Resource Fair, and her work with health coalitions.

**Kathy Cooley, R.N.** , Health Department nurse manager, for mentoring a student nurse in the OHSU Nursing program (SOCC campus), in addition to her work supervising the public health clinic and home visiting services, including the Healthy Start parent education program.

### **CCFoPH 2008 Superstars**

**Carolyn Jacobson, RN**, for the coordination done with Bay Area Hospital nurses to provide screening for first birth families for the Coos County Healthy Start Program.

**Renee Menkens, RN, Assistant Professor at Southwestern Oregon Community College** for work to coordinate the nursing students in the public health pandemic influenza exercise and also the work that you have done as a volunteer in coordinating Coos County Public Health's Family Planning Advisory Board.

**Kerrie Mitchell**, for work with the Bay Area Rotary Club to start the Shots for Tots program here in Coos County.

**Lonnie Scarborough, Director of Southern Coos Hospital**, for her efforts at coordination with Southern Coos Hospital to provide flu shots for the Bandon community during preparedness exercises.

**Ingrid Tyson, RN**, for her efforts to implement the school based health center at Marshfield High School.

**Joanne Verger, Oregon State Senator**, for her work on legislation for expansion of the Oregon bottle bill and healthy snacks in schools.

**Shannon Weybright, RN**, for her vision and efforts to start the school based health center at Marshfield High School.