



*Promoting the health of Coos County through enhancement of local public health services*

## Message from CCFoPH President



It was wonderful to see so many friends and supporters who turned out for the *Purses for Nurses* fundraising event on Oct 22<sup>nd</sup> at the Black Market Gourmet!

The generosity of many businesses and donors made the event possible, and our guests helped us to raise money for the **Babies First** program. In October, we also received a large grant from the Judith Ann Mogan Foundation, which is a big boost towards our goal of raising \$100,000 to restart the **Babies First** program this year. (See page 2)

The holiday season is starting soon. As you make your plans, mark your calendar for our Annual Meeting, scheduled for Dec. 13, at noon. We will be electing officers for the coming year, and several board positions will be open, including Treasurer and Membership Chair. Consider joining our board and work with us as we support public health efforts in Coos County!

*Frances Smith  
CCFoPH President*

### Join us!

CCFoPH Board meets monthly on the 3rd Tue of the month, 4:00 to 5:30 pm virtually via Zoom platform

### Contact Us!

Coos County Friends of Public Health  
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## Purses for Nurses Fundraising Event

*By Frances Smith*



Over 60 women (and a few men) met for lunch at the Black Market Gourmet on Saturday, October 22<sup>nd</sup> for the 12<sup>th</sup> annual fall fundraising event, *Purses for Nurses*. The silent auction consisted of 21 purses filled with gift certificates from the donations of 36 businesses and individuals, and over \$1,000 worth of raffle tickets were sold at the event for 5 gift certificate prizes.

The dollars raised exceeded the event's \$10,000 fundraising goal! The proceeds will help fund the **Babies First** Home Visiting program at Coos Health & Wellness.

**Babies First** helps families with in-home support from skilled nurse educators for child health assessments, screening, and skills training, helping children grow up in a safe and healthy environment.



*Anthony Arton and Tom Orsi converse before the event*



*Left to right: Reneé Menkens, Cathy Magann, Rosa Atencio*

RE/Max South Coast, Seven Devils Brewing Co, Southern Coos Hospital and Health Center, and Umpqua Bank.

Much appreciation goes to all who contributed to the success of this event, including our **sponsors**: Advanced Health, Banner Bank, Bay Cities Ambulance, The Cow Creek Band of Umpqua Tribe of Indians, Farm & Sea, First Community Credit Union, Jonathon Park, MD,

*More photos on page 4*



From left to right: Cynthia Rodriguez, Lena Hawtin, Commissioner Melissa Cribbins, Anthony Arton, Lisa Hermann, Kathy Cooley, Stacie Teese, Laura Phillips, Rosa Atencio, Tish Greer, Donna Nelms



## Centennial Anniversary for Coos County

On Sep 22, Coos Health & Wellness employees celebrated 100 years of public health service. To commemorate the significance of the day, County Commissioner Melissa Cribbins read this proclamation:

### In Recognition of 100 years of Public Health in Coos County

**WHEREAS;** In September of 1922 Coos County established the first public health department in Oregon with an office in Coquille. The department received \$5,580 in financial aid from the state, with support from the Rockefeller Foundation. Dr. Henry W. Irwin was appointed as Director of the Coos County Health Department and acted as the County Health Officer, with the assistance of two public health nurses and an assistant. The activities of the health department were directed toward the control of contagious and communicable diseases, health appraisal and child hygiene;

**AND WHEREAS;** Prior to the creation of the Public Health Department, these activities were performed by a single county health nurse, Elizabeth Campbell, who had to visit 92 schools, travelling by horseback, canoe, milk truck, or the engine of a log train.

**AND WHEREAS;** Over the course of 100 years of Public Health in Coos County, the mission has expanded into protecting food safety, prenatal mother and early childhood nutrition, injury prevention, safe drinking water, prevention of substance abuse, and insurance enrollment assistance--all aimed at the prevention of injury, illness and financial distress;

**NOW, THEREFORE;** The Coos County Board of Commissioners hereby proclaim the recognition and appreciation of the Coos County Public Health Department for their tireless service, effort, and dedication to the protection of the citizens of Coos County 100th year of service.



## Judith Ann Mogan Foundation Awards Grant to CCFoPH

Coos County Friends of Public Health was pleased to receive a \$45,260 grant from the Judith Ann Mogan

Foundation for the **Babies First** Home Visiting program at Coos Health and Wellness. The Judith Ann Mogan Foundation is a private local foundation established in 2020.

Its roots in the Southern Oregon Coast began in the 1930s with the Al Peirce Lumber Company, which owned thousands of acres of timberland, several mills, and a trucking company.

Through the years, the Pierces and daughter Judith Ann Mogan were strong supporters of youth development. In 2020, the Al Peirce Co, LLC, sold its timberlands. Through the generosity of Judith Ann Mogan, a significant portion of the proceeds of the sale created the private foundation which perpetuates the legacy of Al and Hilda Pierce's dedication to benefitting our community.

This large grant to CCFoPH was very welcome, and goes a long way towards reaching our goal of raising \$100,000 for restarting the **Babies First** services, which had to be suspended during the pandemic.

## Vaccines Available at Coos Health & Wellness

### COVID boosters:

The new Moderna Bivalent and Pfizer Bivalent COVID19 vaccines target the most recent Omicron subvariants, BA.4 and BA.5, that are more contagious and more resistant than earlier strains of Omicron. These vaccines are highly effective in reducing risk of severe disease, hospitalization, and death. Bivalent booster vaccines are available for people 12 years of age and older. Coos Health & Wellness currently offers both Moderna and Pfizer boosters, although at this time, supply of the Moderna Bivalent booster is very limited.

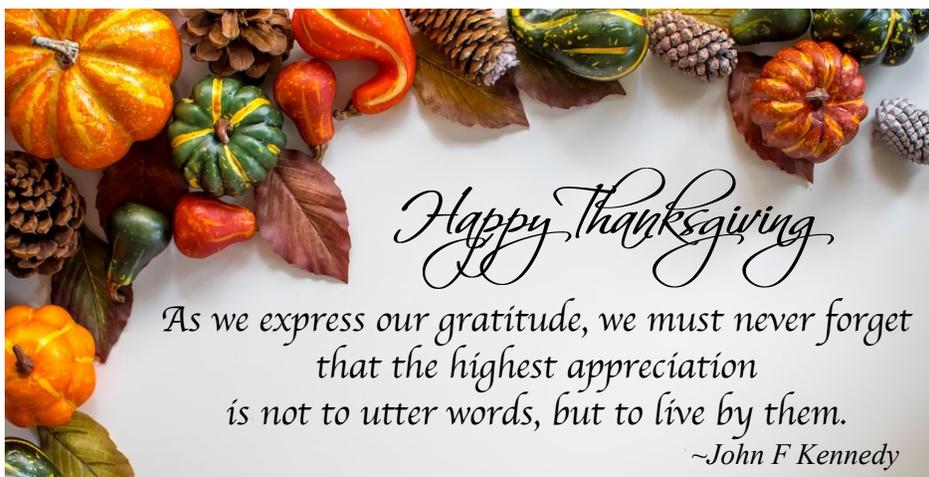
### Monkeypox vaccine (Jynneos)

In September, the Oregon Health Authority expanded eligibility for monkeypox vaccine to anyone over 5 months old who meets certain criteria. A second dose of the vaccine (Jynneos) is recommended 28 days later to ensure the maximum protection.

Coos Health and Wellness has limited supplies of the Jynneos vaccine and will be screening for eligibility to determine those most vulnerable to infection from the virus:

- A close contact of positive cases of Monkeypox
- Anyone living with HIV or who is eligible for HIV PReP
- Anyone who since June 1, 2022 has had a new sexual partner or who has had two or more sexual partners
- Anyone in the past year who has been diagnosed with chlamydia, gonorrhea, or syphilis
- Anyone, in the past year, who has had sex with an anonymous partner, or who has participated in group sex
- Anyone who has traded sex for money, goods or services
- Anyone who works in sex-on-site venues, or dances in adult entertainment venues

More information can be found on the Coos Health & Wellness website [cooshealthandwellness.org](http://cooshealthandwellness.org). To receive vaccine, you can drop in at Coos Health & Wellness, or you can call ahead and schedule an appointment at 541-266-6700 and press 0 for the receptionist.



## Featuring CHW Employees



### Leesa Cobb

Leesa Cobb is a certified Community Health Worker. She brings seven years of experience serving as a board member of a Federally Qualified Health

Center and a passion for equitable access to healthcare to her work. Leesa's past work supported community-based initiatives with Oregon's commercial fishing industry. She developed a program to improve access to health insurance for local fishermen.

Leesa serves in a lead position for CHW's Covid-19 response. She has worked with the Covid-19 team since the beginning of the pandemic. Her work includes facilitating infection control reviews for congregate settings, case investigation and vaccine education.

\* \* \*



### Shawna Mireles-Gallo

Shawna Mireles-Gallo is a bilingual Oregon Health Plan (OHP) Outreach Specialist. She was born and raised on the beautiful Oregon Coast.

Shawna is a busy mother of five children ranging from the ages seven to sixteen. Shawna spends all of her spare time running children to school functions and sporting events but wouldn't change it for the world! She loves to travel, camp, work with people from all around the world and learn about different cultures.

Currently, Shawna is working on creating a presentation in Spanish to promote Oregon Health Plan eligibility and enrollment for undocumented individuals, as well as gathering information and data for an upcoming grant opportunity.

What if today We  
Were just grateful  
For everything?

~Charlie Brown

## Purses for Nurses Fall Fundraiser



## Healthy Bytes Initiative

Food for November Pecans      Food for December Figs



Pecans are not only crunchy and delicious, they are also good for you. They contain healthy fats that have been shown to lower cholesterol and their anti-inflammatory compounds help to prevent multiple disease states. Pecans also contain essential vitamins, minerals, protein and dietary fiber.

Figs are a bell-shaped fruit with a sweet taste and chewy texture. They contain antioxidants that fight aging and disease and fiber in figs helps control blood sugars and cholesterol. Why not make fig newtons for your family and add some pecans for some extra crunch and nutrition? See HBI fig handout in Dec for recipes.

To download HBI posters, handouts with recipes or PowerPoint slides for your lobby or waiting room, go to: [www.advancedhealth.com/healthy-bytes-initiative](http://www.advancedhealth.com/healthy-bytes-initiative)

To be on the monthly mailing list to receive free digital materials, contact Shena Holliday, 541-269-3215 or email [shena.holliday@advancedhealth.com](mailto:shena.holliday@advancedhealth.com).

You can also download the poster and handout on the Coos Head Food Co-op site: <https://coosheadfood.coop/> or check out [Facebook.com/FNGCoos](https://Facebook.com/FNGCoos) for more posts

For content information on HBI materials, contact [stephanie.polizzi@oregonstate.edu](mailto:stephanie.polizzi@oregonstate.edu).

*Stephanie Polizzi*  
OSU Extension Family & Community Health



## SAVE THE DATE

### CCFoPH Annual Meeting Dec 13

Mark your calendars for Tue, Dec 13th for the Coos County Friends of Public Health Annual Meeting at noon. (The meeting place has yet to be determined.)

CCFoPH is a non-profit membership organization, and all members are encouraged to attend. On the agenda will be approval of our annual budget for next year, election of board members to fill positions for 2023, and any proposed changes to our by-laws.

Please plan to join us for fellowship and a summary of CCFoPH's achievements for 2022.



#### Check out CCFoPH on FACEBOOK

Our Facebook page highlights the *Healthy Bytes Initiative*, helpful monthly nutrition information and interesting public health events happening around our community.

It's easy to like us. Just search *Coos County Friends of Public Health*. Click like and follow!

**Please take a moment this busy holiday season to renew your membership!**



We invite you to join CCFoPH! We want to keep our numbers strong to support Public Health services in our community. If you have questions or want more information about membership, contact CCFoPH email at [ccfoph@gmail.com](mailto:ccfoph@gmail.com) or visit [www.ccfoph.org](http://www.ccfoph.org). Fill out the form and send payment to PO Box 203, Coos Bay, OR 97420.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (cell) \_\_\_\_\_ Fax: \_\_\_\_\_

The best way to reach me is: \_\_\_\_\_

Membership Levels: \$25/yr Individual \$50/yr Business \$50/yr Supporting Friend \$100/yr Sustaining Friend

I wish to donate: \$\_\_\_\_\_ in support of CCFoPH. \_\_\_\_\_ I wish my donation to remain anonymous.

CCFoPH is a Non-Profit 501c3 and your membership dues and donations are tax deductible to the full extent of the law.

**We appreciate your support!**